

FOOD AND NUTRITION POLICY

RATIONALE

Healthy nutrition contributes significantly to enhanced learning and behaviour at school and to the health of our wider community

PURPOSE

To promote healthy eating and lifestyles as an integral part of our school culture

GUIDELINES

Students will be encouraged to take responsibility for their own health through a variety classroom programmes and whole school initiatives

Food choices made available at school or provided by school will balance good every day practices (as per Ministry of Health Food and Nutrition Guideline statements of healthy eating with “sometimes treats” for special occasions)

Food should not be used as extrinsic motivation for learning


Parents will be encouraged to share food allergy or cultural food requirements at enrolment. This will be shared with teachers who will work with families to provide appropriate support

School will follow approved food safety practices and obtain necessary permits and certification as required for various food-related activities

Water will be the preferred beverage

This policy applies to all school events whether on or off site

 Robyn Garrett - BOT Chairperson

 Craig Price - Principal

Date: 07/06/2016

Review Date : 07/06/2019

<http://www.health.govt.nz>

<http://www.fueledforlife.org.nz>